

## Community Nursing

### Candidate Skills and Experience Checklist

This checklist will be used to help determine your previous community nursing experience in your own country. The purpose of the checklist is to give you and your potential employer an indication of where you would be comfortable working and how they can support you in future skills development.

Please complete the following:

#### Contact Details

Name:

Country:

Email Address:

- Please tick the box to confirm that you have read the Community Nursing Fact Sheet and understand the role.

**Rate your confidence in delivering each skill area by ticking the relevant column**

Skill area	Competencies	No previous experience	Some previous experience	Fully competent / practising currently
Recording Physiological Observations Competency	Blood pressure measurement using an aneroid sphygmomanometer			
	Temperature measurement using a Tempa-Dot thermometer or tympanic thermometer			
	Assessment of circulation /peripheral pulses			
	Blood glucose monitoring			
	Respiratory measurement			
	Pulse oximetry			



Pathology (Core)	Venepuncture			
	Obtaining a mid-stream specimen of urine			
	Obtaining a catheter specimen of urine			
	Taking a pathology swab			
Medication Administration	Administration of transdermal patches			
	Administration of nebulisers			
	Administration of creams and ointments (corticosteroids, barrier creams and skin preparations)			
	Administration of eye drops			
	Administration of pressurised metered dose inhalers			
	Administration of bowel care related suppositories			
	Administration of bowel care related enemas			
	Administration of oral tablets from standard packaging			
	Administration of medication via enteral feeding tubes			
	Administration of intra-muscular injections			
Administration of subcutaneous injections				



Wound Care	Pressure ulcer awareness and prevention strategies			
	Simple wound care (removal of sutures/clips, post-traumatic, surgical, moisture lesion, burn)			
	Pressure ulcer management (1, 2, 3, 4)			
	Chronic leg ulceration			
	Diabetic foot care/ulceration			
	Negative pressure wound therapy (VAC pump, PICO)			
	Cavity Wound			
	Fungating Wound			
Nutrition	Enteral feeding Via a feeding pump (set up and disconnection)			
	Change of Water in Balloon Gastrostomy			
	PEG site care (inc. rotation)			
Nursing Assessment	Full nursing assessment (activities of living)			
Care Planning	Write plans of care following assessment of nursing need and evaluation of care given			
Nursing Assessment Tools	Nutritional assessment e.g. MUST			
	Pressure risk assessment tools assessment e.g. Braden			



	Use of recognised pain assessment score			
	Continence assessment			
Bladder & Bowel	Female urethral re catheterisation			
	Instillation of catheter maintenance solution			
	Male urethral catheterisation			
	Suprapubic catheterisation			
Palliative Care	Administration of palliative care medication (continuous subcutaneous infusion - syringe driver; set up, renewal and removal)			
	Management of Ascitic Drainage			
Central Line Care	PICC/Mid/Hickman Line dressing			
	Discontinuation of chemo pump			
Emergency Care	Recognition of sepsis			
	Responding to anaphylaxis reaction			
	Responding to hypoglycaemias			

